

Self-Evaluation for Youth Leaders

*Adapted from Designing Student Leadership Programs: Transforming the Leadership Potential of Youth by Mariam MacGregor, Youth Leadership.Com, 2nd Edition 2001, pages 63-65.
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Think about your relationships with others, your skills in helping others, your ability to lead others (as individuals and in groups), and what you bring to being a leader. Then:

- *Read through the list of characteristics/activities and decide which ones for which you are doing the right amount, ones for which you should do more, and ones for which you should do less. Check each item in the appropriate place.*
- *Some goals that are not listed may be more important to you than those listed. Write those goals on the blank lines.*
- *Go back over the whole list and circle the numbers of the three or four activities/skills in which you want to improve the most.*

Communication Skills:	Need to Do Less	OK	Need to Do More
1. Talking in a group	_____	_____	_____
2. Being brief and concise	_____	_____	_____
3. Being forceful	_____	_____	_____
4. Drawing others out	_____	_____	_____
5. Listening actively	_____	_____	_____
6. Thinking before speaking	_____	_____	_____
7. Keeping my remarks on the topic	_____	_____	_____
8. _____	_____	_____	_____

Observation Skills:	Need to Do Less	OK	Need to Do More
9. Realizing tension in the group	_____	_____	_____
10. Noting who talks to whom	_____	_____	_____
11. Noting interest level of the group	_____	_____	_____
12. Sensing the feelings of individuals	_____	_____	_____
13. Noting who is being "left out"	_____	_____	_____
14. Noting reactions to my comments	_____	_____	_____
15. Noting when the group avoids the topic	_____	_____	_____
16. _____	_____	_____	_____

Problem-Solving Skills:	Need to Do Less	OK	Need to Do More
17. Stating problems or goals	_____	_____	_____
18. Asking for ideas and opinions	_____	_____	_____
19. Giving ideas	_____	_____	_____
20. Evaluating ideas critically	_____	_____	_____
21. Summarizing the discussion	_____	_____	_____
22. Clarifying issues	_____	_____	_____
23. _____	_____	_____	_____

Morale- Building Skills:	Need to Do Less	OK	Need to Do More
24. Showing interest in others	_____	_____	_____
25. Working to keep people from being ignored	_____	_____	_____
26. Helping people reach agreement	_____	_____	_____
27. Reducing tension	_____	_____	_____
28. Supporting the rights of individuals in the face of group pressure	_____	_____	_____
29. Giving praise or appreciation	_____	_____	_____
30. _____	_____	_____	_____

Expressing Emotions:	Need to Do Less	OK	Need to Do More
31. Telling others what I feel	_____	_____	_____
32. Restraining my emotions	_____	_____	_____
33. Disagreeing openly	_____	_____	_____
34. Expressing warm feelings	_____	_____	_____
35. Expressing gratitude	_____	_____	_____
36. Being sarcastic	_____	_____	_____
37. _____	_____	_____	_____

Facing & Accepting Emotional Situations:	Need to Do Less	OK	Need to Do More
38. Facing conflict & anger	_____	_____	_____
39. Embracing closeness & affection	_____	_____	_____
40. Handling silence	_____	_____	_____
41. Facing disappointment	_____	_____	_____
42. Dealing with tension	_____	_____	_____
43. _____	_____	_____	_____